



Oct. 28, 2019

Getting help after a natural disaster

There is no such thing as “business as usual” after a natural disaster. What has happened in Dallas can take an emotional toll on employees and family. We’re here to support you.

Aetna Resources for Living can help

Employees and family members can contact Aetna Resources for Living for help even if they are not a TRS-ActiveCare member. They can get help with more than emotional support. They can call Resources for Living:

- If they have been displaced and need to find temporary housing.
- If they need to find house repair professionals,
- or need to find transportation,
- and, of course if they need emotional support.

Aetna is there for you, your employees and their families too. Your employees and family members can contact Aetna EAP at 833-327-AETNA (1-833-327-2386) for telephonic consultation to help cope with the emotional impact of this traumatizing situation.

Please share [this flyer](#) with your employees. It includes information that will direct them to the help they might need.