



## Many ways for you to save money

### Aetna Discount Program

#### For your health, wellness *and* life

Everybody likes to save — wherever and whenever they can.

With the Aetna Discount Program, you can save money on whatever matters most to you. You can take advantage of discounts on:

- Gym memberships
- Weight-loss programs
- Eye exams and hearing aids
- Acupuncture and massage therapy

You also get discounts on:

- Travel
- Tickets
- Electronics
- Family care, wellness and more

The discounts you get through your Aetna plan are not insurance. So there are no claims forms, referrals or limits on how much you can save. And your family members may be able to save, too.

The discounts give you on-the-spot savings on the products and services provided by participating vendors.

**Important:** If your health plan covers any of these services, use your plan first. You could pay less that way.

The Aetna Discount Program is offered to you at no extra cost. Start saving today.

## Fitness discounts

Save on gym memberships\* and brand-name home fitness and nutrition products that support a healthy lifestyle, with services provided by GlobalFit®.

Free guest passes are available at most gyms, in case you want to try the gym first. You can also get discounts on at-home weight-loss programs and one-on-one health coaching services.\*\*

## Hearing discounts

Save on hearing exams, hearing aids and more. Also get free batteries and in-office services. Through Hearing Care Solutions and Amplifon Hearing Health Care (formerly HearPO®), you can hear better for less.

## Natural products and services discounts

Save on good health, naturally. With discounts on acupuncture, chiropractic, massage therapy and nutrition services. You can also save on over-the-counter vitamins, yoga equipment and more.

## Vision discounts

Save on eye exams, prescription eyeglasses and sunglasses, LASIK laser eye surgery and more. You can also pay less for vision items that don't need a prescription. Like sunglasses, eye chains, contact lens cases and cleaners.

## LifeMart® shopping website discounts

Save on many products and services from thousands of national and local merchants. Get discounts on:

- Travel, tickets, electronics
- Home, auto, dining
- Family care, wellness and so much more

## Weight management discounts

Save on some of today's most popular weight-loss programs and meal plans. Choose from CalorieKing®, Jenny Craig® and Nutrisystem®. With each program and plan, you also get one-on-one help, personalized menus, online tools and more.

## More ways to save

You can also save on books, CDs, DVDs, oral health care products, blood pressure monitors and more.

## Learn how to use the discounts

It's easy. It all starts with your secure member website.

- Go to **www.aetna.com** and log in with your user name and password.
- Choose "Health Programs."
- Select "See the discounts."

There you can learn more about the discounts that matter most to you. And how to take advantage of them.

Get all the savings available to you.  
Log in at **www.aetna.com** today.

\*Participation is for new gym members only. If you belong to a gym now or belonged recently, call GlobalFit at 1-800-298-7800 to see if a discount applies.

\*\*By HealthAdvocate, through GlobalFit.

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