

the TRS-ActiveCare Select Whole Health plan and the Memorial Hermann Accountable Care Network

Coordinated care focused on you and your family







BETTER CARE, BETTER OUTCOMES, LOWER COSTS



The TRS-ActiveCare Select Whole Health Memorial Hermann Accountable Care Network plan is expanding into your area for the 2018-19 plan year. Your current plan network, the TRS-ActiveCare Select nationwide network, will no longer be available. With the Memorial Hermann Accountable Care Network plan, you will have access to a focused, local network and all the advantages of an Accountable Care Organization (ACO) plan.



Everyday Well:

Stay connected to your health information

As a TRS-ActiveCare Select Whole Health Memorial Hermann Accountable Care Network plan member, you will have access to the Everyday Well website where you can find network physicians, schedule appointments, see a summary of your medical record, view lab and imaging results, access online bill pay, and much more.



Questions?

Call TRS-ActiveCare Customer Service at **1-800-222-9205**.

Memorial Hermann Accountable Care Network

WHAT IF YOUR DOCTORS AND SPECIALISTS ALL KNEW EACH OTHER AND COLLABORATED ON YOUR MEDICAL CARE?

This is the approach taken by the TRS-ActiveCare Select Whole Health plan. As a participant, you'll have access to the Memorial Hermann Accountable Care Network — primary care doctors, specialists, nurses and hospitals dedicated to keeping you healthy and providing the right care when you need it.

You'll have a care team led by your network primary care doctor. All of your team members will know your history, current medications and plan for care. This means you'll avoid duplicate tests, dangerous drug interactions and conflicting courses of treatment. When your health care is coordinated, you will have a better experience and pay less overall for your care.

WHAT DOES THIS CHANGE MEAN FOR YOU?

Your current plan network, the TRS-ActiveCare Select nationwide network, will no longer be available. If you take no action prior to **August 10, 2018**, you will be automatically placed in the TRS-ActiveCare Select Whole Health Memorial Hermann Accountable Care Network plan for 2018-19. If you do not want this plan for 2018-19, you must make an active enrollment decision by August 24, 2018, to either elect the TRS-ActiveCare 1-HD plan or opt out of coverage entirely.

THE MEMORIAL HERMANN ACCOUNTABLE CARE NETWORK INCLUDES:

- 700+ primary care doctors
- 3,000+ specialists
- 10 acute care hospitals
- 65 walk-in clinics
- 54 urgent care centers



It's important to remember that TRS-ActiveCare Select Whole Health only covers care from **in-network providers**. If it's a true medical emergency, the plan will cover care from an out-of-network provider.

If you have dependents who do not live with you and must receive **care from providers outside** of the Memorial Hermann Accountable Care Network, you may want to consider enrolling in the TRS-ActiveCare 1-HD plan. The TRS-ActiveCare 1-HD plan has a nationwide network and covers out-of-network care.



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Important information about your TRS-ActiveCare plan